

Canada tip sheet:

ResMed CPAP supplies & replacement parts



ResMed

Français ci-dessous



Mask parts replacement tips

What to look for:

- You have to tighten the straps often
- The mask has lost its spring
- Your therapy feels less effective than usual
- The cushion is still slippery, even after being cleaned



Insurance coverage tip

Some CPAP replacement parts may be covered by insurance. Contact your insurance provider to find out what's covered under your plan.

Mask part replacement tips

Dirt, oil and residue can build up on your mask parts, so it's important not only to clean them per their instructions, but also to inspect and replace each part regularly. Even with consistent cleaning, facial oils and debris can cause your mask parts to deteriorate. Regularly replacing your CPAP therapy components can help ensure that every night with your therapy is as comfortable and effective as the first night.

Every month

- Memory foam mask cushions



Every 3 months

- Silicone mask cushions (full face, nasal and nasal pillows)



Every 3 months

- Mask headgear

Headgear can become stretched out and lose elasticity, which can lead to over-tightening and discomfort. Bacteria from sweat and moisture can also build up over time.



Every 6 months

- Complete mask system

Full mask systems include the mask frame, cushion, headgear, and elbow or short tube. They should be replaced regularly to help keep sleep apnea therapy effective and hygienic.

