

## PHARMACOGENOMIC REPORT



## Pain management

YOUR RESULTS ARE CONFIDENTIAL. As per the Genetic Non-Discrimination Act (S-201), no person, company or institution, including insurers and employers, can force you to share this report.

DO NOT MAKE ANY CHANGES TO YOUR CURRENT MEDICATION(S) WITHOUT TALKING TO YOUR DOCTOR FIRST. While genetics is important, other factors also contribute to how you react to medications. The final choice of medications used will be based on your health care provider's professional judgement. This test does not determine your risk of any health problem. It only evaluates select portions of your DNA that help predict how you may react to the medications covered.

## ADMINISTRATIVE DATA

<b>Patient Name</b> First Last Name	<b>Ordering Clinician</b> N/A	<b>Sample ID:</b> bio021548 <b>Sample Type:</b> saliva
<b>Gender:</b> Female <b>Date of birth:</b> 2023-10-03 <b>Phone Number:</b> (514) 000-1111 <b>Email:</b> <a href="mailto:demo@biron.com">demo@biron.com</a>	<b>Patient Address</b> 4105 Boul. Matte Brossard, BC J4Y 2Z2	<b>Date ordered:</b> 2023-10-31 <b>Date of sample reception:</b> 2023-10-31 <b>Date of report:</b> 2023-11-02
<b>Clinical Support</b> <b>Email:</b> <a href="mailto:genetics@biron.com">genetics@biron.com</a>	<b>Phone:</b> 1-866-923-9222 #8702	<b>Fax:</b> (514) 317-2241

## VARIANT(S) OF VERY IMPORTANT PHARMACOGENES (VIPS)

CYP1A2 IND, CYP2C19 IM, POR IA, UGT1A1 IM, UGT2B7 variable, UGT2B15 IM.







Very Important Pharmacogenes (VIPs) - visit [pharmgkb.org/vips](http://pharmgkb.org/vips) for more information.

Abbreviations - NM: Normal Metaboliser, IM: Intermediate Metaboliser, PM: Poor Metaboliser, RM: Rapid Metaboliser, UM: Ultrarapid Metaboliser, Ind: Inducible Metaboliser, NA: Normal Activity, IA: Intermediate Activity, PA: Poor Activity.












## CAUTIONARY INFORMATION - MEDICATIONS TO AVOID OR USE WITH CAUTION

Medication	Identified risk	Recommendation
<b>Clopidogrel</b> Plavix®	Reduced clopidogrel active metabolite formation; increased on-treatment platelet reactivity; increased risk for adverse cardiac and cerebrovascular events (CYP2C19 IM).	Cardiovascular indications: avoid standard dose (75mg/day) if possible; use prasugrel or ticagrelor at standard dose if no contraindication. Neurovascular: consider alternative P2Y12 inhibitor at standard dose if clinically indicated and no contraindication. <sup>1</sup>

## PGx RECOMMENDATIONS - PSYCHIATRY

-  Dose increase may be required.
-  Dose reduction may be required.
-  Exposure is difficult to predict, insufficient data to calculate dose adjustments.
-  All of the tested variants associate with an increased likelihood of a better response, compared to non-carriers.
-  > 50% of tested variants are associated with an increased likelihood of a poorer response and/or adverse drug reactions, compared to non-carriers.
-  Medication not recommended by peer-reviewed guidelines.







### Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
<b>Antidepressants</b>			
<b>Selective serotonin reuptake inhibitors (SSRIs)</b>			
<b>Fluoxetine</b> (Prozac®)	CYP2D6 NM, CYP2C9 NM - Normal exposure	 5/6 variants: increased likelihood of a poorer response (BDNF, FKBP5, GRIK4, HTR2A, HTR7); consider adding L-methylfolate 15mg/day (MTHFR).	no marker available
<b>Fluvoxamine</b> (Luvox®)	 CYP2D6 NM, ABCB1 - Initiate with recommended dose but may require a higher dose.	 5/6 variants: increased likelihood of a poorer response (BDNF, FKBP5, GRIK4, HTR2A, HTR7); consider adding L-methylfolate 15mg/day (MTHFR).	no marker available
<b>Paroxetine</b> (Paxil®)	 CYP2D6 NM, ABCB1 - Initiate therapy with recommended starting dose but may require a higher dose.	 5/6 variants: increased likelihood of a poorer response (BDNF, FKBP5, GRIK4, HTR2A, HTR7); consider adding L-methylfolate 15mg/day (MTHFR).	no marker available
<b>Citalopram</b> (Celexa®)	 CYP2C19 IM - Initiate with recommended dose but consider a slower titration schedule and do not exceed the following daily doses: 30mg for adults up to 65 yrs; 15mg for adults 65 yrs or older. <sup>2,3</sup>	 5/6 variants: increased likelihood of a poorer response (BDNF, FKBP5, GRIK4, HTR2A, HTR7); consider adding L-methylfolate 15mg/day (MTHFR).	0/3 variants: no increased risk of gastrointestinal or SSRI-induced sexual side effects.
<b>Escitalopram</b> (Ciprallex®)	 CYP2C19 IM - Initiate with recommended dose but consider a slower titration schedule and do not exceed the following daily doses: 15mg for adults up to 65 yrs; 7.5mg for adults 65 yrs or older. <sup>2,3</sup>	 5/6 variants: increased likelihood of a poorer response (BDNF, FKBP5, GRIK4, HTR2A, HTR7); consider adding L-methylfolate 15mg/day (MTHFR).	0/3 variants: no increased risk of gastrointestinal or SSRI-induced sexual side effects.
<b>Sertraline</b> (Zoloft®)	 CYP2B6 NM, CYP2C19 IM - Initiate therapy with recommended starting dose but with a slower titration	 4/5 variants: increased likelihood of a poorer response (BDNF, FKBP5, GRIK4, HTR7); consider adding L-methylfolate 15mg/day (MTHFR).	0/3 variants: no increased risk of gastrointestinal or SSRI-induced sexual side effects.







## Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
	schedule and a lower maintenance dose. <sup>2</sup>		
<b>Serotonin–norepinephrine reuptake inhibitors (SNRIs)</b>			
<b>Desvenlafaxine</b> (Pristiq®)	UGT1A1 IM, UGT2B15 IM - Initiate with recommended dose; a low dose may be adequate.	<ul style="list-style-type: none"> <li>⚠ 2/2 variants: increased likelihood of a poorer response (FKBP5, GRIK4); consider adding L-methylfolate 15mg/day (MTHFR).</li> </ul>	no marker available
<b>Duloxetine</b> (Cymbalta®)	<ul style="list-style-type: none"> <li>⬆ CYP1A2 Ind, CYP2D6 NM - Initiate therapy with recommended starting dose but may require a higher dose, especially with CYP1A2 inducers, such as smoke.</li> </ul>	<ul style="list-style-type: none"> <li>⚠ 2/3 variants: increased likelihood of a poorer response (FKBP5, GRIK4); consider adding L-methylfolate 15mg/day (MTHFR).</li> </ul>	no marker available
<b>Venlafaxine</b> (Effexor XR®)	<ul style="list-style-type: none"> <li>⬆ CYP2D6 NM, ABCB1 - Initiate with recommended dose but may require a higher dose.</li> </ul>	<ul style="list-style-type: none"> <li>⚠ 4/4 variants: increased likelihood of a poorer response (COMT, FKBP5, GRIK4, SLC6A2); consider adding L-methylfolate 15mg/day (MTHFR).</li> </ul>	no marker available
<b>Other antidepressants</b>			
<b>Trazodone</b> (Desyrel®)	CYP3A4 NM - Normal exposure	no marker available	no marker available
<b>Bupropion</b> (Wellbutrin®)	POR - Initiate with recommended dose; a low dose may be adequate.	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased likelihood of a poorer response for treatment of depressive symptoms (HTR2A).</li> </ul>	no marker available
<b>Ketamine</b> (Ketalar®)	POR - Initiate therapy with recommended starting dose; a low dose may be adequate.	0/1 variant: no increased likelihood of a poorer response.	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased risk of emergent hypertension (SLC6A2).</li> </ul>
<b>Mirtazapine</b> (Remeron®)	<ul style="list-style-type: none"> <li>⬆ CYP1A2 Ind - Initiate with recommended dose but may require a higher dose, especially with CYP1A2 inducers, such as smoke.</li> </ul>	<ul style="list-style-type: none"> <li>⚠ 2/2 variants: increased likelihood of a poorer response (FKBP5, TPH2).</li> </ul>	no marker available
<b>Tricyclic antidepressants (TCAs)</b>			
<b>Clomipramine</b> (Anafranil®)	Normal exposure	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased likelihood of a poorer response (TPH2)</li> </ul>	no marker available
<b>Imipramine</b> (Tofranil®)	Normal exposure	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased likelihood of a poorer response (TPH2)</li> </ul>	no marker available
<b>Desipramine</b> (Norpramin®)	<ul style="list-style-type: none"> <li>⬆ CYP2D6 NM, ABCB1 - Initiate with recommended dose but may require a higher dose.</li> </ul>	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased likelihood of a poorer response (TPH2)</li> </ul>	no marker available
<b>Nortriptyline</b> (Aventyl®)	<ul style="list-style-type: none"> <li>⬆ CYP2D6 NM, ABCB1 - Initiate with recommended dose but may require a higher dose.</li> </ul>	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased likelihood of a poorer response (TPH2)</li> </ul>	no marker available
<b>Amitriptyline</b> (Elavil®)	<ul style="list-style-type: none"> <li>📉 ABCB1, CYP2C19 IM - Initiate therapy with recommended starting dose but monitor</li> </ul>	<ul style="list-style-type: none"> <li>⚠ 1/1 variant: increased likelihood of a poorer response (TPH2)</li> </ul>	no marker available





## Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
<b>Trimipramine</b> (Surmontil®)	<p>response and tolerance more closely; insufficient data to calculate dose adjustments.</p> <p> ABCB1, CYP2C19 IM - Initiate therapy with recommended starting dose but monitor response and tolerance more closely; insufficient data to calculate dose adjustments.</p>	<p> 1/1 variant: increased likelihood of a poorer response (TPH2)</p>	no marker available
<b>Central alpha-adrenergic agonists</b>			
<b>Clonidine</b> (Catapres®)	CYP2D6 NM - Normal exposure	<p> 1/1 variant: increased likelihood of a poorer response (GNB3).</p>	no marker available
<b>Mood Stabilizers</b>			
<b>Gabapentin</b> (Neurontin®)	ABCB1 - Initiate with recommended dose; a low dose may be adequate.	no marker available	no marker available
<b>Lamotrigine</b> (Lamictal®)	UG T2B7 IM - Initiate with recommended dose; a low dose may be adequate.	no marker available	HLA-B*15:02 negative - Normal risks of cutaneous adverse reactions.
<b>Levetiracetam</b> (Keppra®)	ABCB1 - Initiate with recommended dose; a low dose may be adequate.	no marker available	no marker available
<b>Phenytoin</b> (Dilantin®)	CYP2C9 NM - Normal exposure	no marker available	HLA-B*15:02 negative - normal risks of cutaneous adverse reactions.
<b>Pregabalin</b> (Lyrica®)	no marker available	no marker available	no marker available
<b>Topiramate</b> (Topamax®)	no marker available	0/1 variant: no increased likelihood of a poorer response for treatment of alcohol-related disorders.	no marker available
<b>Carbamazepine</b> (Tegretol®)	<p> UG T2B7 RM - Initiate with recommended dose but may require a higher dose.</p>	no marker available	HLA-A*31:01 negative, HLA-B*15:02 negative - Normal risks of cutaneous adverse reactions.
<b>Oxcarbazepine</b> (Trileptal®)	<p> UG T2B7 RM - Initiate with recommended dose but may require a higher dose.</p>	no marker available	HLA-B*15:02 negative - Normal risks of cutaneous adverse reactions.
<b>Valproic acid, Divalproex</b> (Depakene®, Epival®)	CYP2A6 NM, CYP2C9 NM - Normal exposure	no marker available	<p> 1/1 variant: increased likelihood of weight gain (ANKK1).</p>

## PGx RECOMMENDATIONS - PAIN MANAGEMENT

-  Dose increase may be required.
-  Dose reduction may be required.
-  Exposure is difficult to predict, insufficient data to calculate dose adjustments.
-  All of the tested variants associate with an increased likelihood of a better response, compared to non-carriers.
-  > 50% of tested variants are associated with an increased likelihood of a poorer response and/or adverse drug reactions, compared to non-carriers.
-  Medication not recommended by peer-reviewed guidelines.





### Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
<b>Analgesic</b>			
Acetaminophen (Tylenol®)	no marker available	no marker available	no marker available
<b>Antimetabolite</b>			
Methotrexate	 ABCB1, MTHFR - Consider using a lower dose.	no marker available	no marker available
<b>Cannabinoids</b>			
Cannabidiol (CBD)	CYP3A4 NM, CYP2C9 NM - Normal exposure	no marker available	no marker available
Nabilone (Cesamet®)	no marker available	no marker available	no marker available
Tetrahydrocannabinol (THC)	CYP3A4 NM, CYP2C9 NM - Normal exposure	no marker available	 1/2 variants: increased risk of cannabis use disorder (CNR1).
<b>Muscle Relaxant</b>			
Carisoprodol (Soma®)	CYP2C19 IM - Initiate therapy with recommended starting dose and use with caution; a low dose may be adequate.	no marker available	no marker available
Methocarbamol (Robaxin®)	no marker available	no marker available	no marker available
Cyclobenzaprine (Flexeril®)	 CYP1A2 Ind - Initiate with recommended dose but may require a higher dose, especially with CYP1A2 inducers, such as smoke.	no marker available	no marker available
Tizanidine (Zanaflex®)	 CYP1A2 Ind - Initiate with recommended dose but may require a higher dose, especially with CYP1A2 inducers, such as smoke.	no marker available	no marker available
<b>Nonsteroidal Anti-Inflammatory Drugs (NSAID)</b>			
Acetylsalicylic acid (Aspirin®)	no marker available	no marker available	no marker available







## Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
<b>Celecoxib</b> (Celebrex®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Diclofenac</b> (Voltaren®)	UG T2B7 IM - Initiate with recommended dose; a low dose may be adequate.	no marker available	no marker available
<b>Etodolac</b> (Ultradol®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Flurbiprofen</b> (Ansaid®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Ibuprofen</b> (Advil®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Indomethacin</b> (Indocid®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Ketorolac</b> (Toradol®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Meloxicam</b> (Mobicox®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Naproxen</b> (Naprosyn®)	no marker available	no marker available	no marker available
<b>Piroxicam</b> (Feldene®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Tenoxicam</b> (Mobiflex®)	CYP2C9 NM - Normal exposure	no marker available	no marker available
<b>Nabumetone</b> (Relafen®)	↓ CYP1A2 Ind - Initiate with recommended dose; a low dose may be adequate, especially with CYP1A2 inducers, such as smoke.	no marker available	no marker available
<b>Opioids</b>			
<b>Buprenorphine</b> (Butrans®)	CYP3A4 NM - Normal exposure	no marker available	no marker available
<b>Butorphanol</b> (Stadol®)	no marker available	no marker available	no marker available
<b>Fentanyl</b> (Duragesic®)	CYP3A4 NM, CYP3A5 PM - Normal exposure	no marker available	no marker available
<b>Hydrocodone</b> (Hycodan®)	CYP2D6 NM - Normal exposure	0/1 variant: no increased likelihood of a poorer response.	no marker available
<b>Hydromorphone</b> (Dilaudid®)	no marker available	0/1 variant: no increased likelihood of a poorer response.	no marker available
<b>Meperidine</b> (Demerol®)	POR - Initiate therapy with recommended starting dose; a low dose may be adequate.	no marker available	no marker available
<b>Methadone</b>	POR - Initiate therapy with recommended starting dose; a low dose may be adequate.	no marker available	no marker available
<b>Nalbuphine</b> (Nubain®)	no marker available	no marker available	no marker available





## Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
<b>Oxycodone</b> (Supeudol®)	CYP3A4 NM, CYP2D6 NM - Normal exposure	0/1 variant: no increased likelihood of a poorer response.	no marker available
<b>Remifentanyl</b> (Ultiva®)	no marker available	no marker available	no marker available
<b>Sufentanil</b> (Sufenta®)	CYP3A4 NM - Normal exposure	no marker available	no marker available
<b>Tapentadol</b> (Nucynta®)	no marker available	no marker available	no marker available
<b>Tramadol</b> (Ultram®)	CYP2D6 NM - Normal exposure	0/1 variant: no increased likelihood of a poorer response.	no marker available
<b>Codeine</b>	 CYP2D6 NM, UGT2B7 RM - Initiate with recommended dose but may require a higher dose.	0/1 variant: no increased likelihood of a poorer response.	no marker available
<b>Morphine</b>	 UGT2B7 RM - Initiate with recommended dose but may require a higher dose.	0/1 variant: no increased likelihood of a poorer response.	0/1 variant: no increased risk of gastrointestinal side effects (FAAH).
<b>Opioid antagonists</b>			
<b>Naloxone</b> (Narcan®)	no marker available	 1/1 variant: no increased likelihood of a poorer response (OPRM1).	no marker available
<b>Naltrexone</b> (Revia®)	no marker available	 1/1 variant: increased likelihood of a poorer response when used in combination with bupropion for weight loss (ANKK1).	no marker available

## PGx RECOMMENDATIONS - COMPLEMENTARY TREATMENTS

-  Dose increase may be required.  All of the tested variants associate with an increased likelihood of a better response, compared to non-carriers.
-  Dose reduction may be required.  > 50% of tested variants are associated with an increased likelihood of a poorer response and/or adverse drug reactions, compared to non-carriers.
-  Exposure is difficult to predict, insufficient data to calculate dose adjustments.  Medication not recommended by peer-reviewed guidelines.

### Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
<b>Antiemetics</b>			
<b>Dimenhydrinate</b> (Gravol®)	no marker available	no marker available	no marker available
<b>Granisetron</b> (Kytril®)	CYP3A4 NM, CYP3A5 PM - Normal exposure	no marker available	no marker available
<b>Ondansetron</b> (Zofran®)	CYP2D6 NM - Normal exposure	no marker available	no marker available
<b>Palonosetron</b> (Aloxi®)	CYP2D6 NM - Normal exposure	no marker available	no marker available
<b>Proton pump inhibitors (PPI)</b>			
<b>Esomeprazole</b> (Nexium®)	no marker available	no marker available	no marker available
<b>Dexlansoprazole</b> (Dexilant®)	 CYP2C19 IM - Initiate therapy with standard dose but for chronic therapy (> 12 weeks) and efficacy achieved, consider reducing the daily dose by 50% and monitor for continued efficacy. <sup>4</sup>	no marker available	no marker available
<b>Lansoprazole</b> (Prevacid®)	 CYP2C19 IM - Initiate therapy with standard dose but for chronic therapy (> 12 weeks) and efficacy achieved, consider reducing the daily dose by 50% and monitor for continued efficacy. <sup>4</sup>	no marker available	no marker available
<b>Omeprazole</b> (Losec®)	 CYP2C19 IM - Initiate therapy with standard dose but for chronic therapy (> 12 weeks) and efficacy achieved, consider reducing the daily dose by 50% and monitor for continued efficacy. <sup>4</sup>	no marker available	no marker available
<b>Pantoprazole</b> (Pantoloc®)	 CYP2C19 IM - Initiate therapy with standard dose but for chronic therapy (> 12 weeks) and efficacy achieved, consider	no marker available	no marker available



## Genetic Associations Identified

Medications	Exposure	Efficacy	Adverse Drug Reactions
	reducing the daily dose by 50% and monitor for continued efficacy. <sup>4</sup>		

## PGx ASSOCIATIONS - EXPOSURE

### METABOLISM

The level of activity of the enzymes listed below influence your exposure to active metabolite(s).

	CYP450	POR	CES	UGT
Variants detected / tested	2/8	1/1	0/1	3/4

Enzymes	Phenotype					Genotype	Details
	PM	IM	NM	RM	UM		
<b>CYTOCHROME P450 (CYP450)</b>							
CYP3A5	█					*3/*3	<b>Poor metabolizer (PM)</b> Low CYP3A5 activity is the most common phenotype and has been used to establish standard doses.
CYP2C19		█				*1/*2	<b>Intermediate metabolizer (IM)</b> Reduced CYP2C19 activity compared to normal metabolizers.
CYP2A6			█			*1/*1	<b>Normal metabolizer (NM)</b> Normal CYP2A6 activity.
CYP2B6			█			*1/*1	<b>Normal metabolizer (NM)</b> Normal CYP2B6 activity.
CYP2C9			█			*1/*1	<b>Normal metabolizer (NM)</b> Normal CYP2C9 activity.

Enzymes	Phenotype					Genotype	Details
	PM	IM	NM	RM	UM		
CYP2D6			█			*2/*2	<b>Normal metabolizer (NM)</b> Normal CYP2D6 activity.
CYP3A4			█			*1/*1	<b>Normal metabolizer (NM)</b> Normal CYP3A4 activity.
CYP1A2			█			*1F/*1F	<b>Inducible metabolizer (Ind)</b> Increased CYP1A2 activity compared to normal metabolizers if the patient is exposed to CYP1A2 inducers, such as smoke.
<b>CARBOXYLESTERASE-1 (CES1) AND CYTOCHROME P450 OXIDOREDUCTASE (POR)</b>							
POR		█				A/G	<b>Intermediate activity (IA)</b> Reduced POR activity compared to normal phenotypes (POR participates in CYP2B6 activation).
CES1			█			C/C	<b>Normal metabolizer (NM)</b> Normal CES1 activity.
<b>UDP-GLUCURONOSYLTRANSFERASES (UGT)</b>							
UGT1A1		█				*1/*28	<b>Intermediate metabolizer (IM)</b> Reduced UGT 1A1 activity compared to normal metabolizers.
UGT2B15		█				*1/*2	<b>Intermediate metabolizer (IM)</b> Reduced UGT 2B15 activity compared to normal metabolizers.
UGT1A4			█			*1/*1	<b>Normal metabolizer (NM)</b> Normal UGT 1A4 activity.

Enzymes	Phenotype					Genotype	Details
	PM	IM	NM	RM	UM		
UGT2B7						*1/*2	<p><b>Variable metabolizer activity</b>                      The function of the *2 allele of UGT2B7 is substrate-dependent. Thus, compared to normal metabolizers, UGT2B7 activity can be increased or reduced depending on the medication substrate.</p>

## PGx ASSOCIATIONS - EXPOSURE

### DISTRIBUTION

The level of activity of the efflux pumps listed below influence your exposure to medications at the site of action (e.g., central nervous system).

	ABCB1	ABCG2
Variant(s) detected / tested	1/1	0/1

Efflux Pump	Phenotype	Genotype	Details
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Poor activity	Intermediate activity	Normal activity
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### EFFLUX PUMPS (P-GLYCOPROTEIN, MULTIDRUG RESISTANCE PROTEIN)

ABCB1		AAT/AAT	<p><b>Poor activity (PA)</b> Reduced efflux pump activity may result in higher substrate concentrations, increasing the likelihood of response but also increasing the risk of adverse drug reactions.</p>
ABCG2		G/G	<p><b>Normal activity (NA)</b> Normal efflux pump activity may result in normal or lower concentrations of substrates at the site of action.</p>

## PGx ASSOCIATIONS - EFFICACY

The variants listed below have been associated with a higher likelihood of a poorer response to medications, compared to non-carriers.

### Poorer response more likely

Variant(s) detected / tested

11/18

### Poorer response more likely

Gene	Reference SNP cluster ID	Variant detected	Associated medication(s)
ANKK1	rs1800497	yes	naltrexone
BDNF	rs6265	yes	citalopram, escitalopram, sertraline, fluoxetine, fluvoxamine, paroxetine
FKBP5	rs4713916	yes	citalopram, desvenlafaxine, duloxetine, escitalopram, sertraline, fluoxetine, fluvoxamine, mirtazapine, paroxetine, venlafaxine
GNB3	rs5443	yes	clonidine
GRIK4	rs1954787	yes	citalopram, desvenlafaxine, duloxetine, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine
HTR2A	rs2770296	yes	bupropion
HTR2A	rs6311	yes	citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine
HTR7	rs7905446	yes	citalopram, escitalopram, sertraline, fluoxetine, fluvoxamine, paroxetine
OPRM1	rs1799971	yes	naloxone
SLC6A2	rs2242446	yes	venlafaxine
TPH2	rs1487278	yes	amitriptyline, clomipramine, desipramine, doxepin, imipramine, mirtazapine, nortriptyline, trimipramine
ANKK1	rs1800497	no	bupropion
BDNF	rs6265	no	esketamine, ketamine
COMT	rs4680	no	venlafaxine (AA)

Gene	Reference SNP cluster ID	Variant detected	Associated medication(s)
DRD3	rs963468	no	duloxetine
GRIK1	rs2832407	no	topiramate
OPRM1	rs1799971	no	codeine, hydrocodone, hydromorphone, morphine, tramadol
SLC6A4	5-HTTLPR	no	citalopram, escitalopram, sertraline, fluoxetine, fluvoxamine, paroxetine

## PGx ASSOCIATIONS - ADVERSE DRUG REACTIONS

The variants listed below have been associated with a higher likelihood of specific adverse drug reactions, compared to non-carriers.

### Increased risk of adverse drug reactions

Variant(s) detected / tested

3/7

### Increased risk of adverse drug reactions

Gene	Reference SNP cluster ID	Variant detected	Associated medication(s)
ANKK1	rs1800497	yes	weight gain: valproic acid
CNR1	rs806380	yes	cannabis use disorder: T HC
SLC6A2	rs28386840	yes	hypertension: esketamine
FAAH	rs324420	no	gastrointestinal side effects (nausea, vomiting): morphine (A allele); cannabis use disorder: T HC (AA)
HLA-A	*31:01	no	cutaneous adverse reactions: carbamazepine
HLA-B	*15:02	no	cutaneous adverse reactions: carbamazepine, oxcarbazepine, phenytoin
HTR2A	rs6311	no	gastrointestinal side effects (nausea, vomiting): citalopram, escitalopram, sertraline



## TEST METHODOLOGY AND LIMITATIONS

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The Biron pharmacogenomic test for psychiatry and pain management is a MALDI-TOF-based single nucleotide primer extension genotyping test; laboratory developed and validated test (LDT), not approved by Health Canada. Nucleic acid amplification techniques may be subject to general interference by factors such as reaction inhibitors and low quality or quantity of extracted DNA. Factors influencing the amount and quality of extracted DNA include but are not limited to patient oral hygiene, collection technique and presence of dietary or microbial source of nucleic acids and nuclease. When present, these interferents typically yield no result rather than an inaccurate one. Risk of suboptimal DNA quantity or quality is significantly reduced by automated DNA extraction which uses chemistry without PCR inhibitors (magnetic beads) and systematic dilution, quantitation and normalization of DNA before nucleic acid amplification. Very infrequent variants or polymorphisms occurring in primer-binding regions may also affect testing and could produce an erroneous result or assay failure. The test does not detect all known and unknown variations in the genes tested, nor does absence of a detectable variant (typically reported as \*1 for metabolic enzymes) rule out the presence of other, non-detected variants. The test detects CYP2D6 deletion and duplication but cannot differentiate duplication in the presence of deletion. CYP2D6 deletion and duplication assays can translate into equivocal phenotype results where a range of enzyme activity level must be reported. Test results and clinical interpretation may be inaccurate for individuals who have undergone or are receiving non-autologous blood transfusions, tissue, and/or organ transplant therapies.

## DISCLAIMER

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Biron Health Group developed this pharmacogenomic report. This test does not diagnose any disorder, condition or disease. The interpretations and recommendations provided in this report are intended as a clinical support tool (DST) to be used solely by a healthcare professional. Treatment decisions for the patient remain the sole responsibility of the treating healthcare provider. The interpretations of the results provided by this report were determined by Biron's data curation protocol, which were established as per the current available scientific evidence available at the time this report version was created. As more evidence becomes available in the future, these interpretations may change. Some variants tested may not be used to provide report interpretations due to a lack of clear gene-drug association as determined by Biron's data curation protocol. The presence of a notification within the "Exposure", "Efficacy" or "Adverse Drug Reactions" categories for a given drug indicates that an associated genetic variant was detected. The lack of a notification within these categories for a given drug does not eliminate the requirement for dose adjustments for optimal dosage, does not guarantee effective drug therapy and does not eliminate the risks of adverse drug reactions. Commercial names are indicated as examples and do not consist an exhaustive list.

## REFERENCES

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For the full list of references, contact [pgxinfo@biron.com](mailto:pgxinfo@biron.com)

*Reference(s) cited in this report:*

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3. Brouwer J, et al. *Dutch Pharmacogenetics Working Group (DPWG) guideline for the gene-drug interaction between CYP2C19 and CYP2D6 and SSRIs. Eur J Hum Genet (2021).*
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